

Circle of Wisdom Elder & Senior Centre January 2021 Calendar

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|
| All programs are free with focus on our Elders & Seniors community leaders, knowledge keepers and our seniors within Calgary and area. Must call 587.350.4789 to register for all programs. All Workshops are on ZOOM, if you need a laptop for the day, let us know and we can set you up. "Circle of Wisdom Elders & Senior Centre provides a safe space for the diversity of Calgary's Indigenous community in preserving traditions, culture in keeping the circle strong for our future leaders | | | | HAPPY NEW YEAR |
| 4.9:30 ZOOM Smudging | 5.9:30 ZOOM Smudging | 6.9:30 ZOOM Smudging Indian Residential School Worker(IRSW) available on site all day | 7.9:30 ZOOM Smudging | 8.9:30 ZOOM Smudging 1:00 -2:00 Circle of Wisdom Coffee time |
| 11.9:30 ZOOM Smudging 1:00 -2:00 Crafts- Baby Rattle | 12.9:30 ZOOM Smudging Food Care Package delivery | 13.9:30 ZOOM Smudging Food Care Package delivery IRSW available | 14.9:30 ZOOM Smudging 1:00 – 3:00 Grandfather Circle- Rattle making | 15.9:30 ZOOM Smudging 1:00 – 3:00 Grandmother Circle- Drum making |
| 18.9:30 ZOOM Smudging 1:00 -2:00 Crafts- Dream Catcher | 19.9:30 ZOOM Smudging 1:00 – 3:00 Cree Lessons | 20.9:30 ZOOM Smudging 1:00 – 3:00 Elder Abuse Information Presentation CWESS, CPS, CARYA IRSW available | 21.9:30 ZOOM Smudging 1:00 – 3:00 Blackfoot Lessons | 22.9:30 ZOOM Smudging 1:00 – 3:00 Anishinaabe (Ojibaway,Saulteaux) lessons |
| 25.9:30 ZOOM Smudging 1:00 -2:00 Crafts- Baby moccasin | 26.9:30 ZOOM Smudging | 27.9:30 ZOOM Smudging IRSW available 1:00 2:00 Emergency Preparedness Workshop for Metis Seniors | 28.9:30 ZOOM Smudging | 29.9:30 ZOOM Smudging- 1:00 – 3:00 Game day- BINGO |

Please call 587.350.4789 for more information

Hours of Operations: Location: **Contact Us:**

#210, 1603 - 10 Ave SW 587.350.4789 **Monday to Friday** 9:00 am to 5:00 pm

Calgary, Alberta Canada T3C 0J7 info@circleofwisdom.ca

www.circleofwisdom.ca

https://www.facebook.com/CircleofWisdomCentre