



Circle of Wisdom Elder & Senior Centre April 2021 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
All programs are free with focus on our Indigenous Elders & Seniors community leaders, knowledge keepers within Calgary and area. Must call 587.350.4789 to register for all programs. All Workshops are on ZOOM, if you need a laptop for the day, let us know and we can set you up.			1. 9:30 ZOOM Smudging Medicine Wheel Teaching-	2. 9:30 ZOOM Smudging
5.9:30 ZOOM Smudging 1:00 – 3:00 Cree Lessons-ZOOM	6.9:30 ZOOM Smudging	7.9:30 ZOOM Smudging 11:00 – 12:00- Indian Residential School presentation. -ZOOM	8.9:30 ZOOM Smudging 1:00 – 3:00 Crafts-	9. 9:30 ZOOM Smudging
12.9:30 ZOOM Smudging 10:30 – 11:30 Chair Yoga by Susan 1:00 – 3:00 Blackfoot	13.9:30 ZOOM Smudging 10:00 – 12:00 Grandmother Circle- Ribbon Making with Grandmother Betty. Material provided	14.9:30 ZOOM Smudging IRSW available -all day. Beyond the Hurt- How to help your grandchild	15.9:30 ZOOM Smudging Grandfather Circle- DRUM STICK MAKING 1:00 – 3:00 pm	16.9:30 ZOOM Smudging Health Youth Relationships-Teen Dating-
17.9:30 ZOOM Smudging 10:30 – 11:30 Chair Yoga by Susan 1:00 – 3:00 Anishinaabe (Ojibaway,Saulteaux) lessons-ZOOM	18.9:30 ZOOM Smudging. Care package delivery	19.9:30 ZOOM Smudging IRSW available Care package delivery	20.9:30 ZOOM Smudging	21.9:30 ZOOM Smudging-
26. ZOOM Smudging 10:30 – 11:30 Chair Yoga by Susan	27. ZOOM Smudging Handgames Teachings by Earlene Cardinal.	28. ZOOM Smudging 11:00 – 12:00- Indian Residential School presentation. -ZOOM	29. ZOOM Smudging	30. ZOOM Smudging Game Day BINGO

Please call 587.350.4789 for more information

“Circle of Wisdom Elders & Senior Centre provides a safe space for the diversity of Calgary’s Indigenous community in preserving traditions, culture in keeping the circle strong for our future leaders

Hours of Operations:

Monday to Friday
9:00 am to 5:00 pm

Location:

#210, 1603 - 10 Ave SW
Calgary, Alberta Canada T3C 0J7
www.circleofwisdom.ca

Contact Us:

587.350.4789
info@circleofwisdom.ca
<https://www.facebook.com/CircleofWisdomCentre>